

**CME on A Comprehensive Approach of
Principle and Practice of Varmam
at National Institute of Siddha,
Tambaram Sanatorium, Chennai**

**Dr. Anbu Thangam, Assistant Professor,
Dept of Sirappu Maruthuvam Has attended
the CME**

**Dr. Kannan Rajaram, Deputy Medical
Superintendent, Maria Siddha Medical College
and Hospital, is a prolific author who has
written numerous books on Varmam and
Varmam therapeutics, catering to both
students and practitioners.**

**Dr. Kannan Rajaram sir is Honoured By
Prof. Dr. Senthil Vel, Director i/c, NIS.**

**Dr. Kannan Rajaram Sir, has
participated as Resource person of this
CME on 06.03.2025.**

CME on A Comprehensive Approach of Principle and Practice of Varmam

Inauguration

Date : 03.03.2025

Time : 09.30 am - 10.00 am @ Yoga Hall, NIS

Prayer & Invocation : **Thamizhthai Vazhthu & Siddhar Vanakkam**

Lighting of Kuthu Vilakku

Welcome Address : **Dr. M. V. Mahadevan, M.D (S), Ph.D**
Associate Professor, HOD (i/c),
Dept of Pura Maruthuvam,
National Institute of Siddha, Chennai - 47.

Inaugural Address : **Prof. Dr. G. Senthilvel, M.D (S), Ph.D**
Director (i/c),
National Institute of Siddha, Chennai - 47.

Chief Guest Address : **Prof. Dr. N. J.Muthukumar, M.D (S), Ph.D**
Director General,
Central Council for Research in Siddha,
Chennai-47.

Felicitation Address : **Prof. Dr. V. Banumathi M.D (S) ,**
Former Director,
National Institute of Siddha, Chennai-47.

Vote of Thanks : **Dr. D. Periyasami, M.D (S), Ph.D**
Associate Professor, HOD (i/c),
Dept of Varma Maruthuvam,
National Institute of Siddha, Chennai - 47.

CME on A Comprehensive Approach of Principle and Practice of Varmam

03rd - 08th March, 2025

DETAILS OF RESOURCE PERSON /TOPICS

Day	Resource person details	Date /Time	Identified Topics
Day 1	Dr.S.Sugunthan, <i>Varmam</i> expert,NIS	03.03.2025 –Morning session 1 10 am to11.30 am	History and Evolution of <i>Varmam</i>
		03.03.2025 –Morning session 2 11.45 am to1.15 pm	Role of <i>Varmam</i> therapy in Peadiatric care
	Dr. V.Swarnavalli, Associate Professor, Radiology, NIS	03.03.2025 – Afternoon session 1 1.45 pm to3.15 pm	Orthopaedic trauma (Fractures)
		03.03.2025 – Afternoon session 2 3.30 pm to5.00 pm	Imaging approach in the Orthopaedic Traumatology (benefits/limitations/uses of various imaging modalities in Orthopaedic Traumatology)
Day 2	Dr. C.Palanivel, Senior Civil Surgeon, Medical Superintendent, Government Hospital, Chrompet	04.03.2025 –Morning session 1 10 am to11.30 am	Limitations of conservative management in common Orthopaedic diseases.
		04.03.2025 –Morning session 2 11.45 am to1.15 pm	Limitations of conservative management in fracture and soft tissue injuries.
	Dr.M.V.Mahadevan, Associate Professor, HoD (i/c), Dept of Pura Maruthuvam, NIS	04.03.2025 – Afternoon session 1 1.45 pm to3.15 pm	Role of <i>Varmam</i> therapy in the management of Neurological disorders.
		04.03.2025 – Afternoon session 2 3.30 pm to 5.00 pm	Role of <i>Varmam</i> therapy in the management of Psychiatric disorders.
Day 3	Dr.S.Justus antony, Reader, GSMC, Palayamkottai	05.03.2025 –Morning session 1 10 am to11.30 am	<i>Varmam</i> approach in the management of Fracture in wrist
		05.03.2025 –Morning session 2 11.45 am to1.15 pm	<i>Varmam</i> approach in the management of Fracture in hand
	Prof..Dr.D.Rajasekar, Former HOD of Dept of <i>Varmam</i> , Pura maruthuvam and Sirappu maruthuvam, Santhagiri Siddha Medical College, Thiruvananthapuram	05.03.2025 – Afternoon session 1 1.45pm to3.15 pm	Importance of <i>Naadi</i> in the diagnosis and management of disease caused by <i>Varmam</i> injury.
		05.03.2025 – Afternoon session 2 3.30pm to5.00 pm	Role of other diagnostic methods in the assessment and treatment of disease caused by <i>Varmam</i> injury .

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Day 4	Dr.M.Kalpna, Assistant Medical Officer, GPHC Gandamanur Theni Dist -625517	06.03.2025 -Morning session 1 10 am to 11.30 am	A promising role of <i>Varmam</i> therapy in Antenatal care
		06.03.2025 -Morning session 2 11.45am to 1.15 pm	A promising role of <i>Varmam</i> therapy in gynecological disorders
	Dr. T Kannanrajaram, Siddha Physician Center for Varma medical and Research, Rajaram Hospital Kanyakumari	06.03.2025 - Afternoon session 1 1.45 pm to 3.15 pm	The role of <i>Varmam</i> therapeutics in traumatic injury.
		06.03.2025 - Afternoon session 2 3.30 pm to 5.00 pm	The role of <i>Varmam</i> therapeutics in traumatic injury - Hands-on training
Day 5	Prof. Dr.T.R.Siddique Ali, Professor, PG Department of Varma Maruthuvam Government Siddha Medical College, Arumbakkam, Chennai - 600 016	07.03.2025 -Morning session 1 10 am to 11.30 am	Importance of <i>Varmam</i> therapeutics in Emergency care
		07.03.2025 -Morning session 2 11.45am to 1.15 pm	Importance of <i>Varmam</i> therapeutics in Emergency care - Practical training
	Dr.G.Thiagarajan, Medical officer Govt of Puducherry	07.03.2025 - Afternoon session 1 1.45 pm to 3.15 pm	Role of <i>Varmam</i> therapy in the management of Musculo-skeletal disorders
		07.03.2025 - Afternoon session 2 3.30 pm to 5.00 pm	Role of <i>Varmam</i> therapy in the management of Musculo-skeletal disorders - Practical session
Day 6	Dr R.Shylaja, Siddha medical officer AIIMS -Jodhpur	08.03.2025 -Morning session 1 9 am to 10.30 am	Importance of internal Medications used in <i>Varma maruthuvam</i>
		08.03.2025 -Morning session 2 10.45 am to 12.15 pm	Importance of External Medications used in <i>Varma Maruthuvam</i>
	Dr.S.Natarajan, Research officer, CCRS, Regional Research Institute, Thiruvananthapuram	08.03.2025 - Afternoon session 1 12.45pm to 2.15 pm	Role of <i>Varmam</i> therapy in Respiratory and Cardiovascular disorders
		08.03.2025 - Afternoon session 2 2.30 pm to 4.00 pm	Role of <i>Varmam</i> therapy in ENT and Ophthalmic diseases.

Valedictory

Date : 08.03.2025

Time : 04.00 pm - 04.30 pm @ Yoga Hall, NIS

Prayer & Invocation : **Thamizhthai Vazhthu & Siddhar Vanakkam**

Welcome address : **Dr. A Lavanya, M.D (S)**
Associate Professor,
Dept. of Varma Maruthuvam,
National Institute of Siddha.

Chief Guest Address : **Prof. Dr. G. Thiyagarajan, M.D (S)**
Former Joint Director,
Directorate of Indian Medicine,
Former HOD, Dept of Sirappu Maruthuvam,
National Institute of Siddha.

Prof. Dr. R. S. Ramaswamy, M.D (S)
Former Director General, CCRS,
Former HOD, Dept of Sirappu Maruthuvam,
National Institute of Siddha.

Felicitation Address : **Prof. Dr. G. Senthilvel, M.D (S), Ph.D**
Director (i/c),
National Institute of Siddha.

Certificate Distribution


Feedback Session


Vote of Thanks : **Dr. P. Samundeswari, M.D (S)**
Assistant Professor,
Dept. of Varma Maruthuvam,
National Institute of Siddha

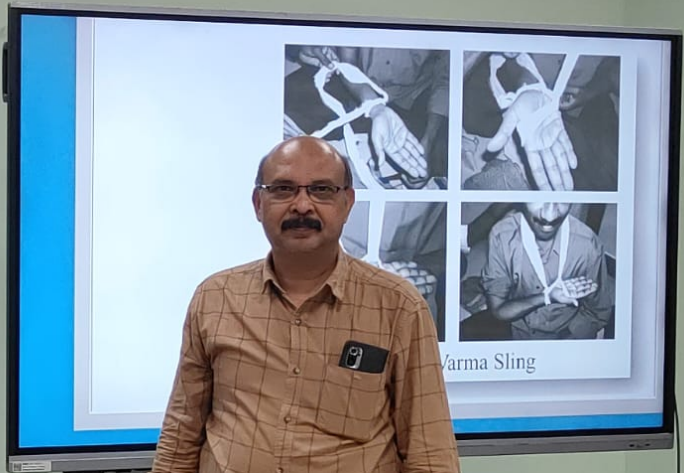
National Anthem






CME on A Comprehensive Approach of Principle and Practice of Varmam For Doctors
Date: 03rd- 08th March, 2025
Venue : Yoga Hall, NIS

Conducted by
Department of Varmam, Maruthiyam
NATIONAL INSTITUTE OF SIDD
(Ministry of Aush, Govt. of India)

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 **GPS Map Camera**

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