

MARIA SIDDHA MEDICAL COLLEGE AND HOSPITAL
INTERNATIONAL YOGA DAY

“**International Yoga Day**” is celebrated every year on June 21 to create awareness about this ancient practice.

Yoga plays an important role in relaxing the mind and body and boosting the immunity of people.

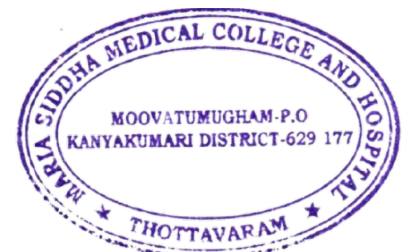
On the occasion of World Yoga Day, We Maria Siddha Medical College and Hospital 2024 organized essay writing, solo and group yoga competitions on 19th and 20th June 2024.

We invited guest speaker for **Dr. Ramasamy. (Rtd). RMO** for CME program on “Yoga for Eraippu Erumal and Cervical Spondylosis” and another speaker **Dr. Kannan, Yoga Master** who was demonstrated many yoga postures and yogasanas by school students and prizes were distributed for the winners.

The CRRI students demonstrated many yoga postures under the guidance of lecturer Dr. Abisala, M.D(Sid.) Yoga Specialist.

Our student participated in AYUSH, a celebration of World Yoga Day by CCRS on June 21 at Vivekananda Rock Memorial, Kanyakumari. Our students went for a rally on yoga awareness and self-promotion of yoga for self and to society.

Thanking You



YOGA FOR SELF AND SOCIETY



International



YOGA DAY

Maria siddha medical College

*Invites you all for the guest lecture program
on Thursday 20-06-2024 at 09:30am.*

venue:II Professional class room

ALL ARE WELCOME

MARIA SIDDHA MEDICAL COLLEGE



CORDIALLY INVITES YOU
FOR THE
GUEST LECTURE ON

"ROLE OF SIDDHA YOGAM FOR IRAIPPU IRUMAL AND SPINAL PROBLEM"

*Guest Speaker: Dr. B. Ramaswamy RTD (Dean)
Govt Siddha Medical College,
Palayamkottai.*

GUEST SPEAKER : YOGA MASTER KANNAN

INTERNATIONAL

Yoga Day

Welcome All.....

Venue: II Professional class room

Date: 20/06/2024

Time: 9:00 AM to 1:30 PM

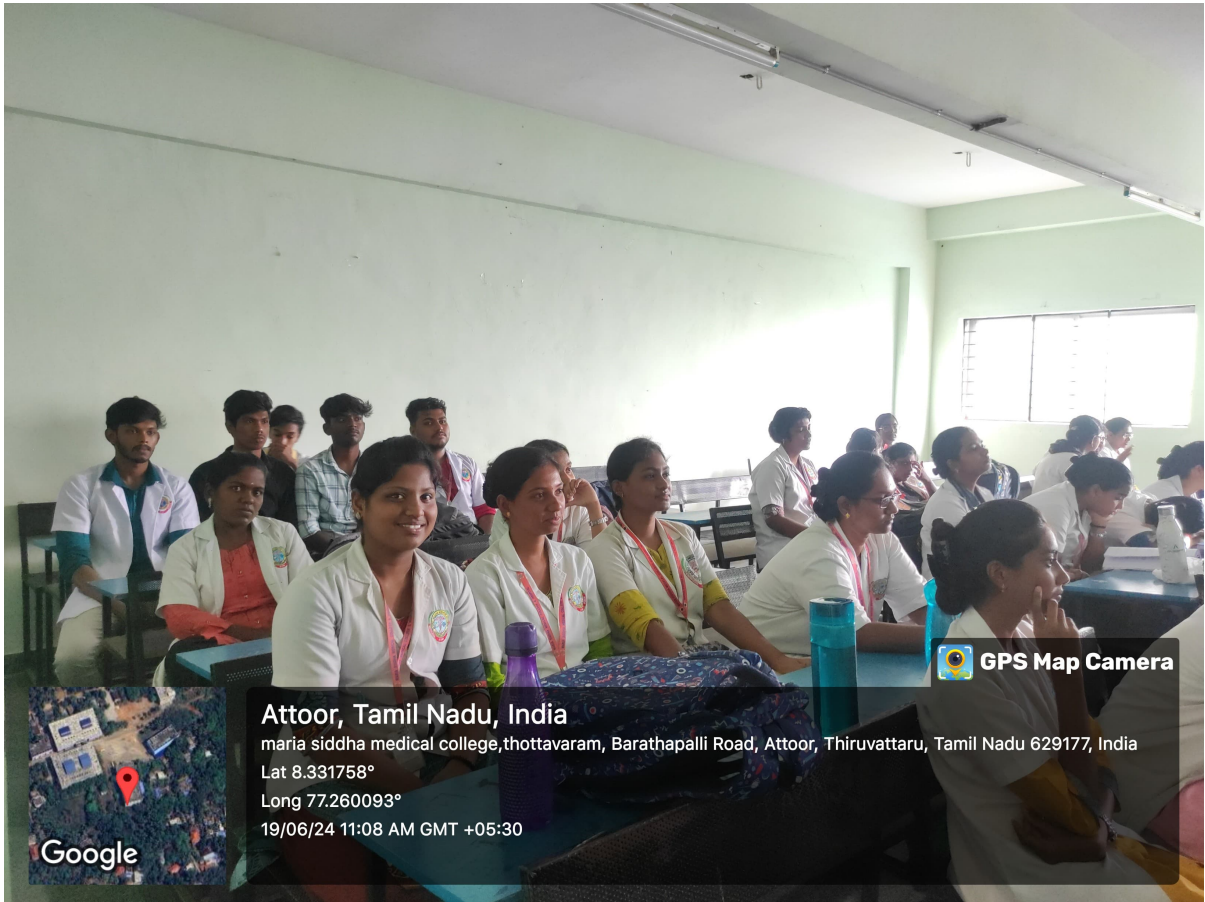
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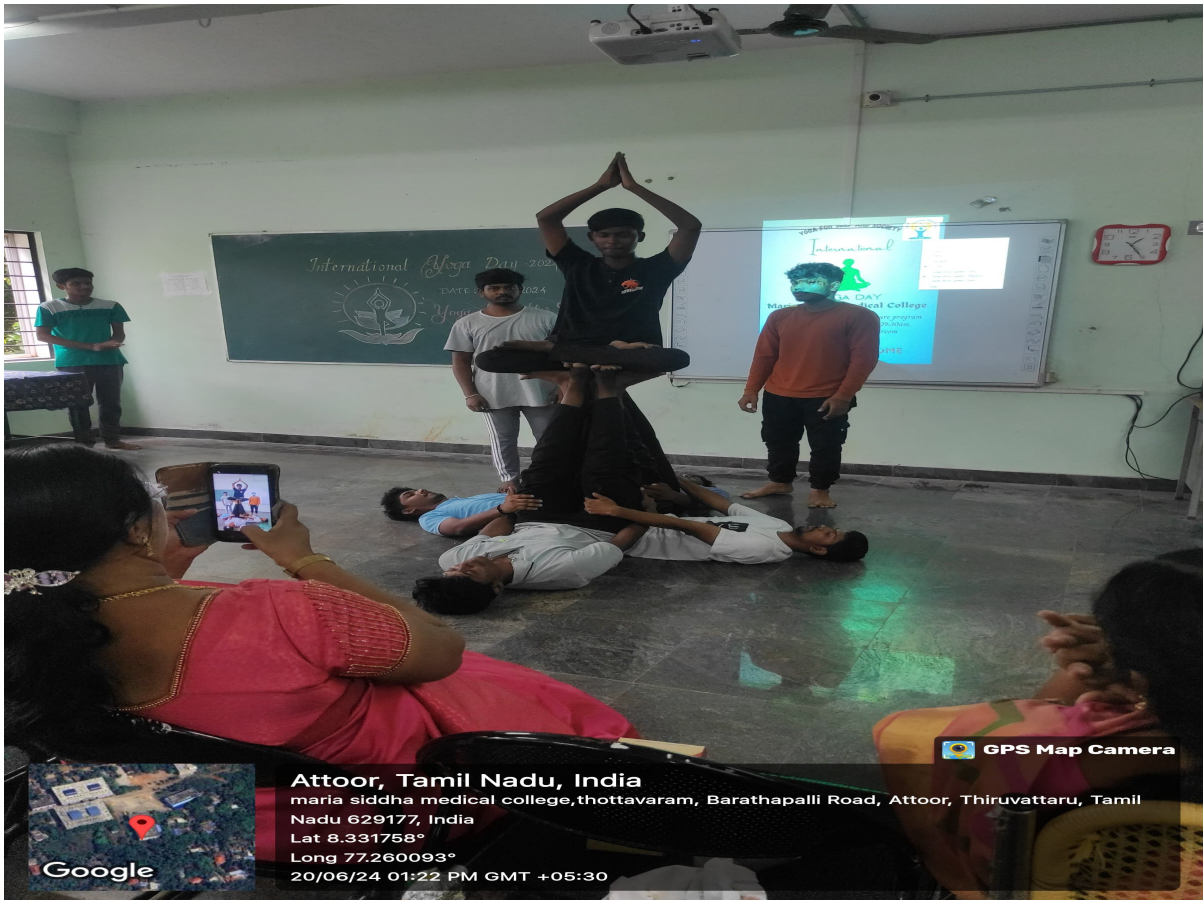
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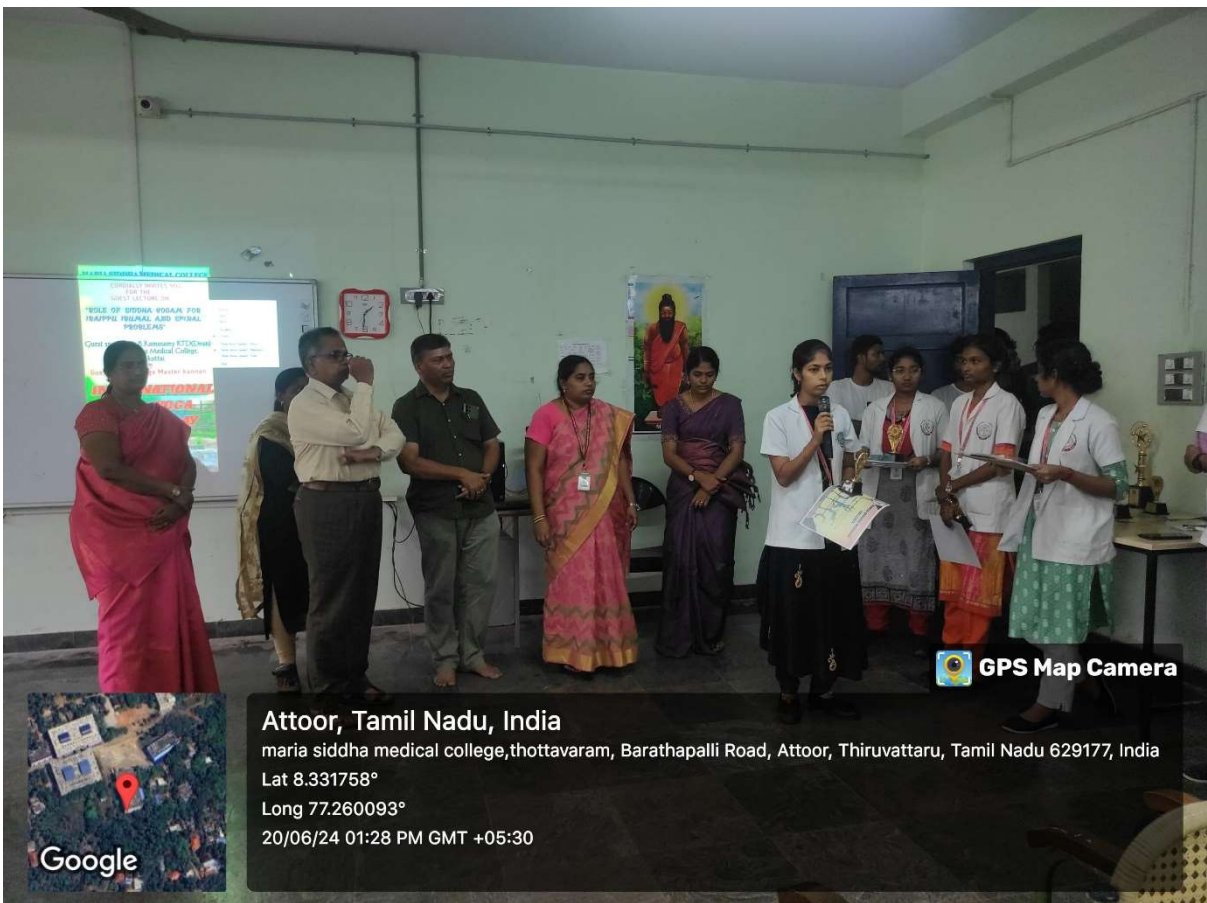
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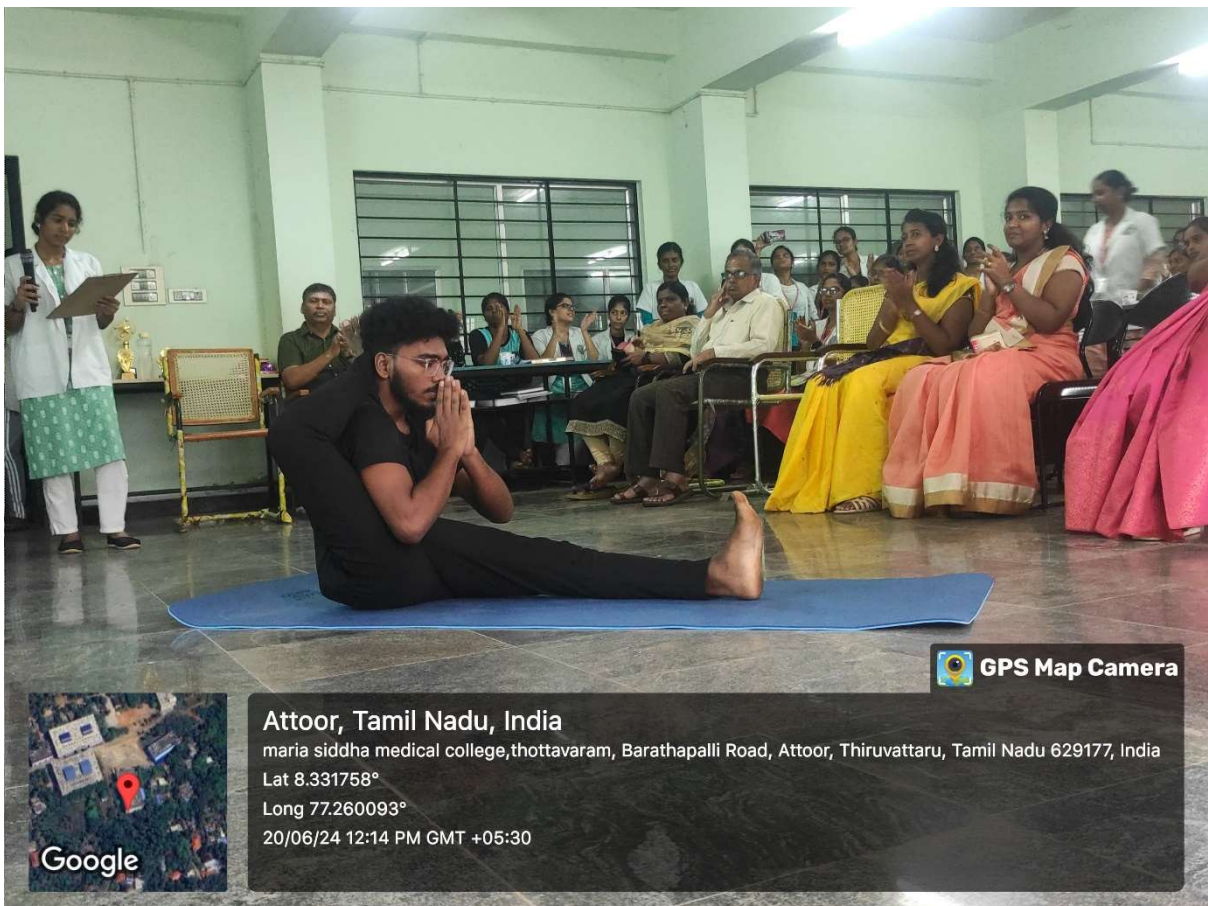
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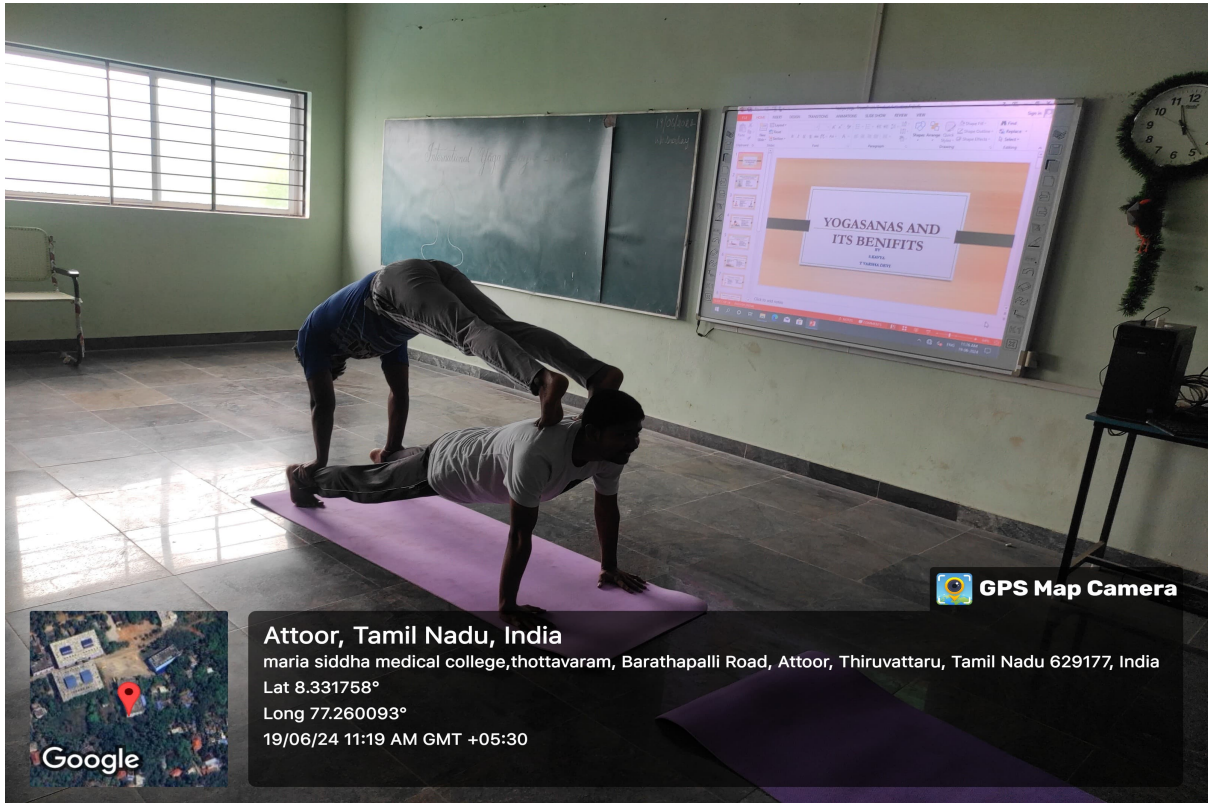
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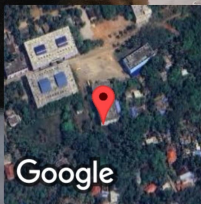
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Attoor, Tamil Nadu, India

maria siddha medical college, thottavaram, Barathapalli Road, Attoor, Thiruvattaru, Tamil Nadu 629177, India

Lat 8.331758°

Long 77.260093°

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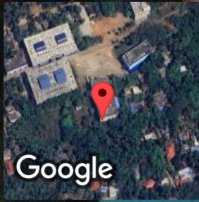


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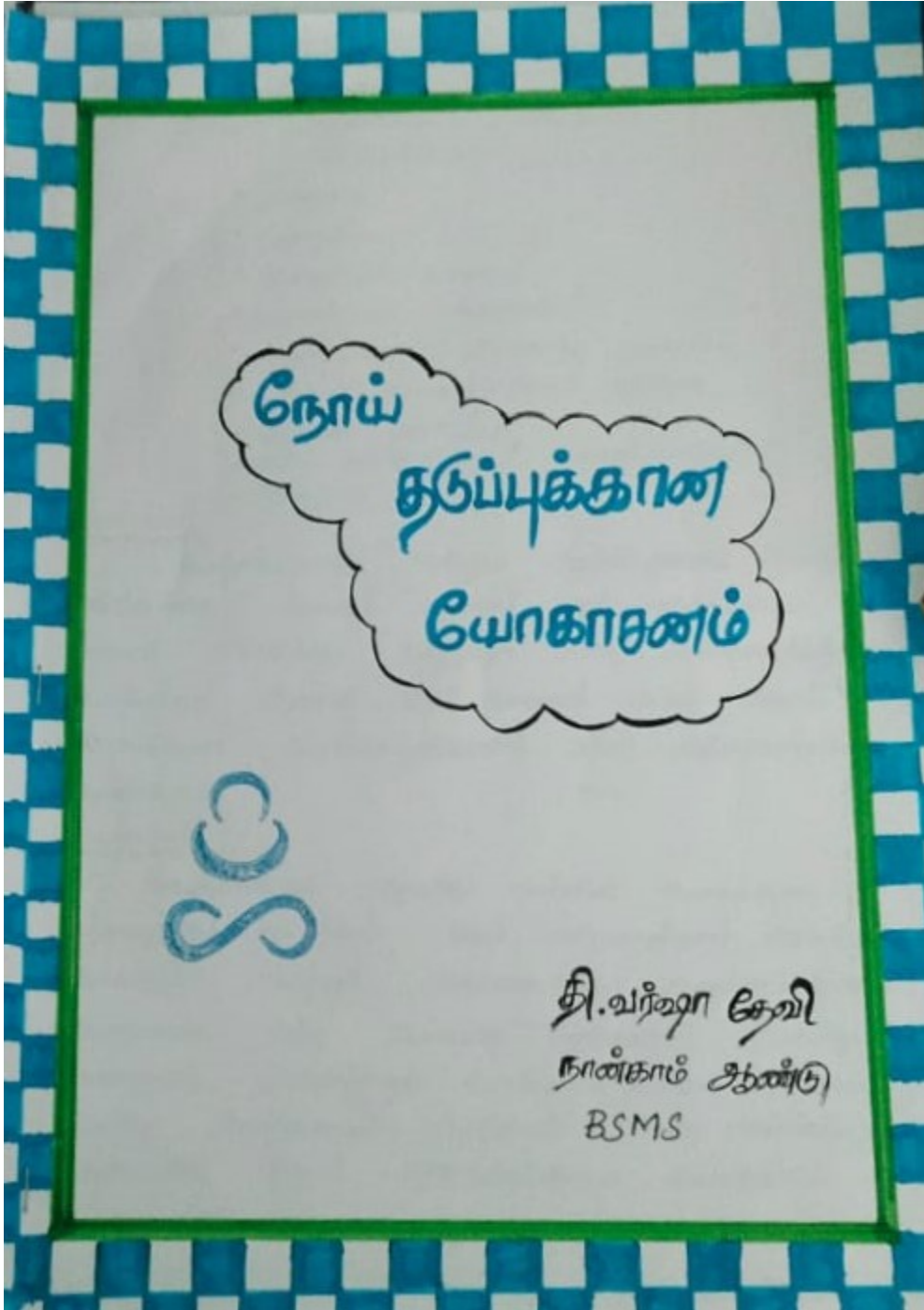
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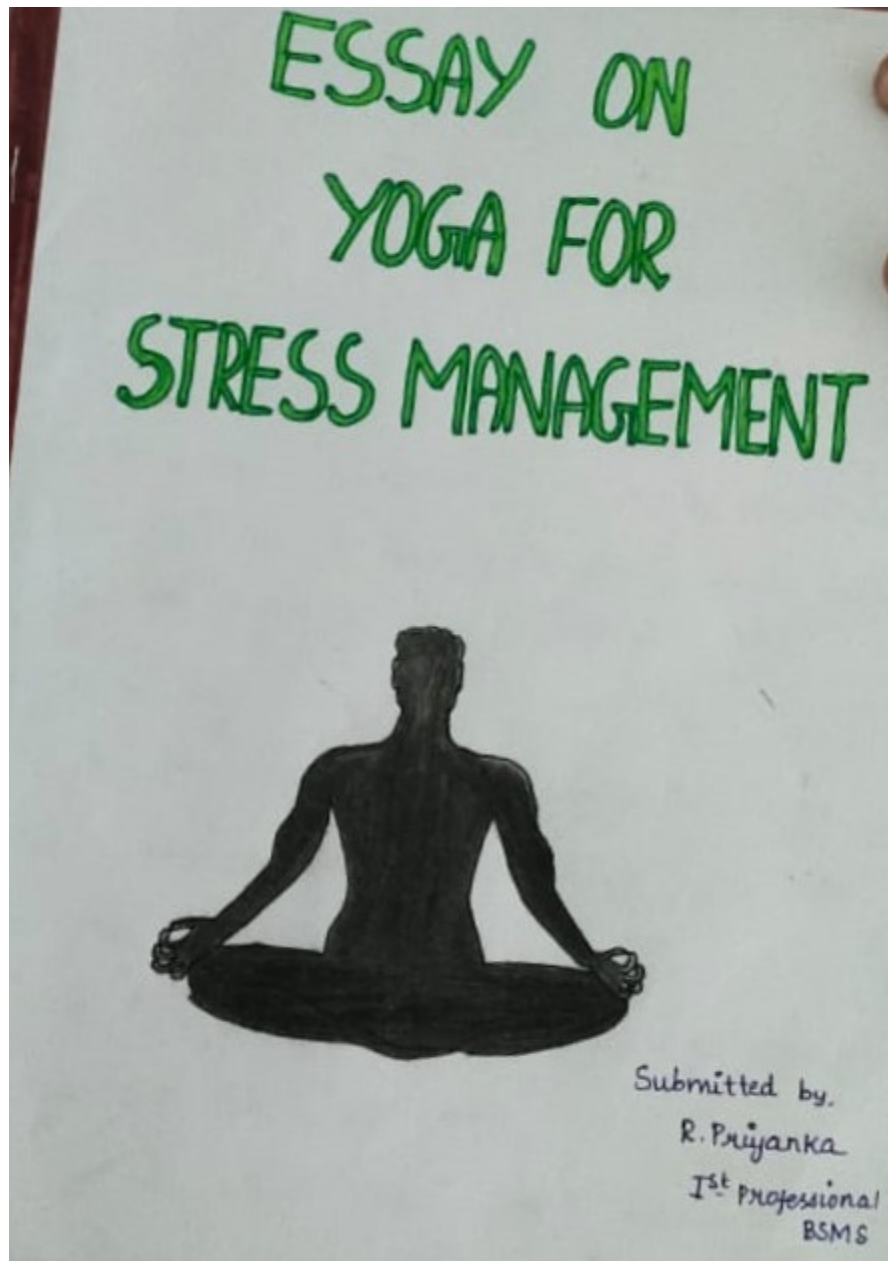
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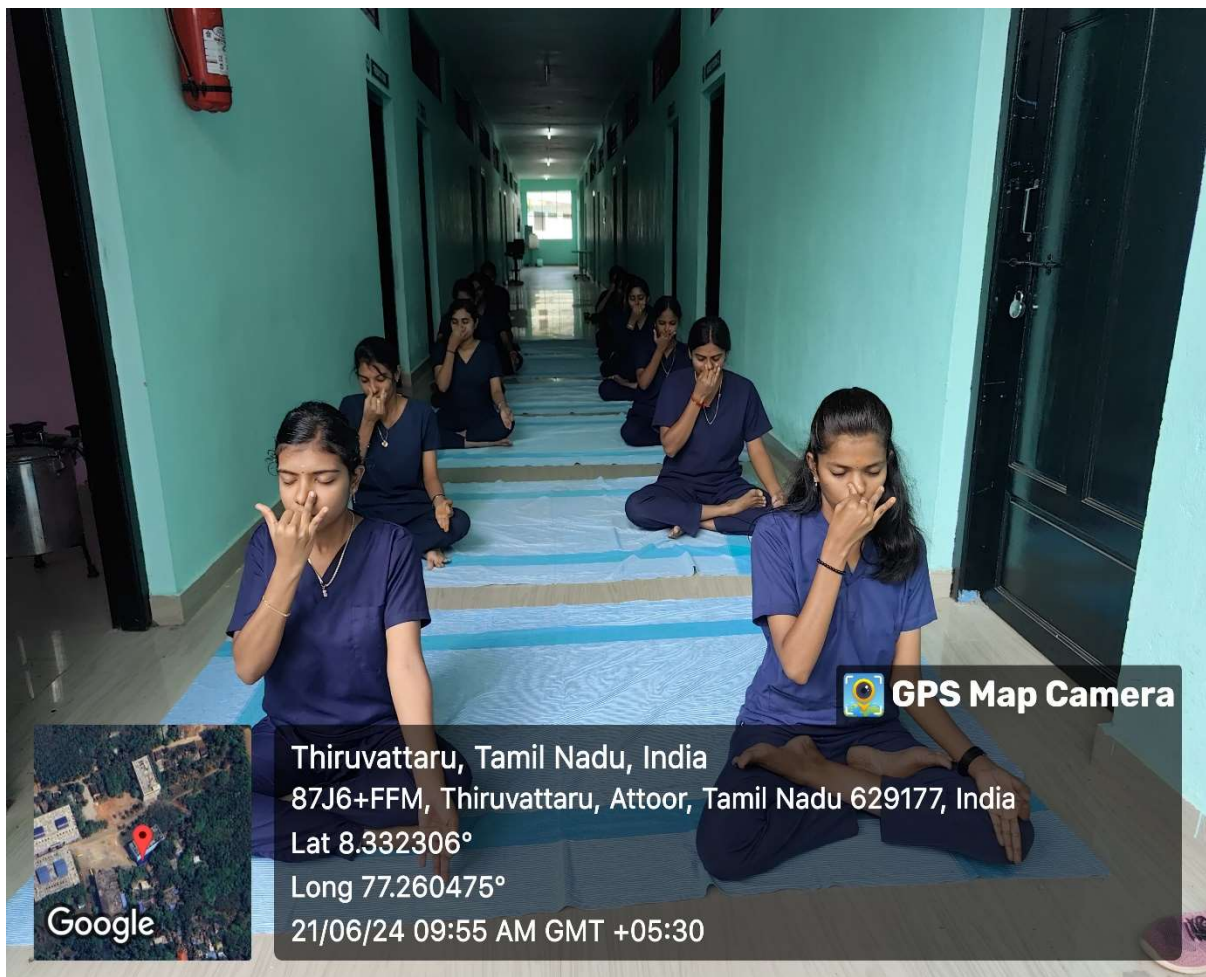
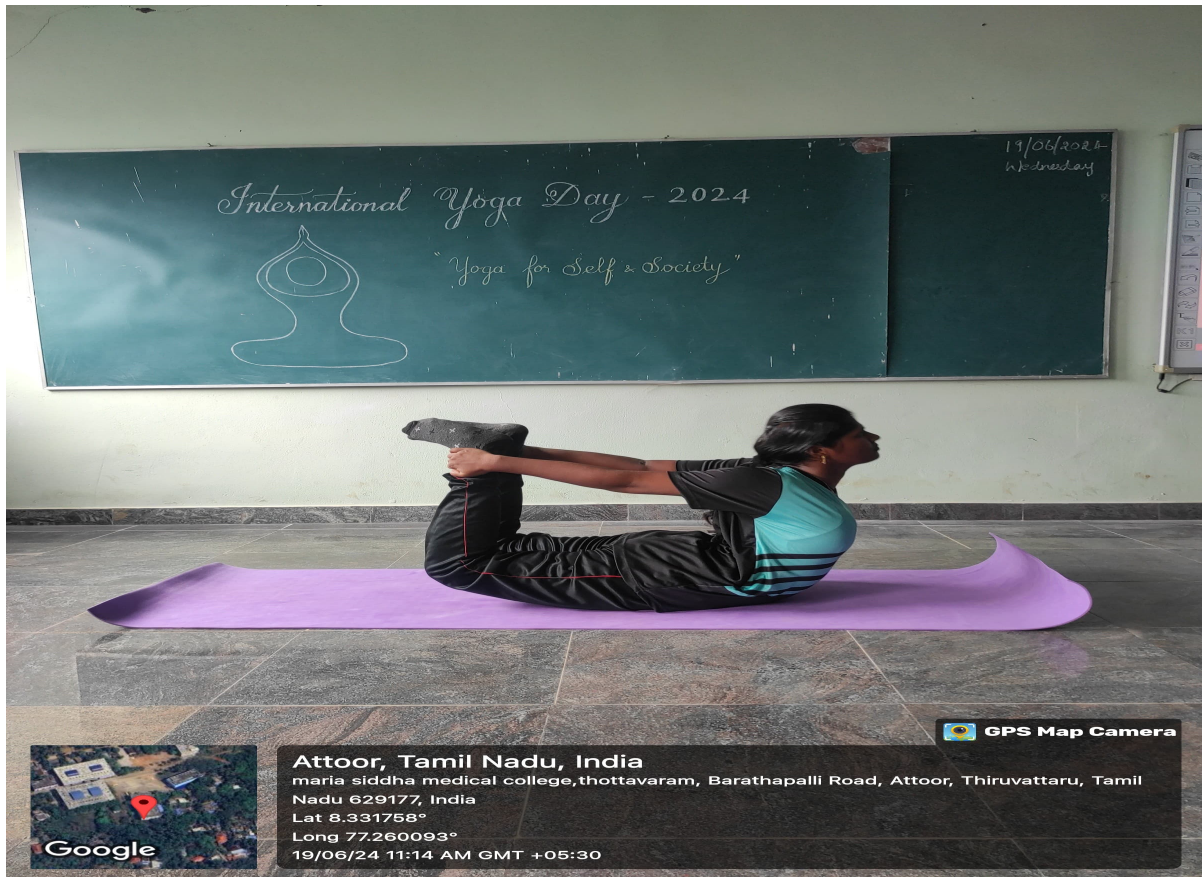
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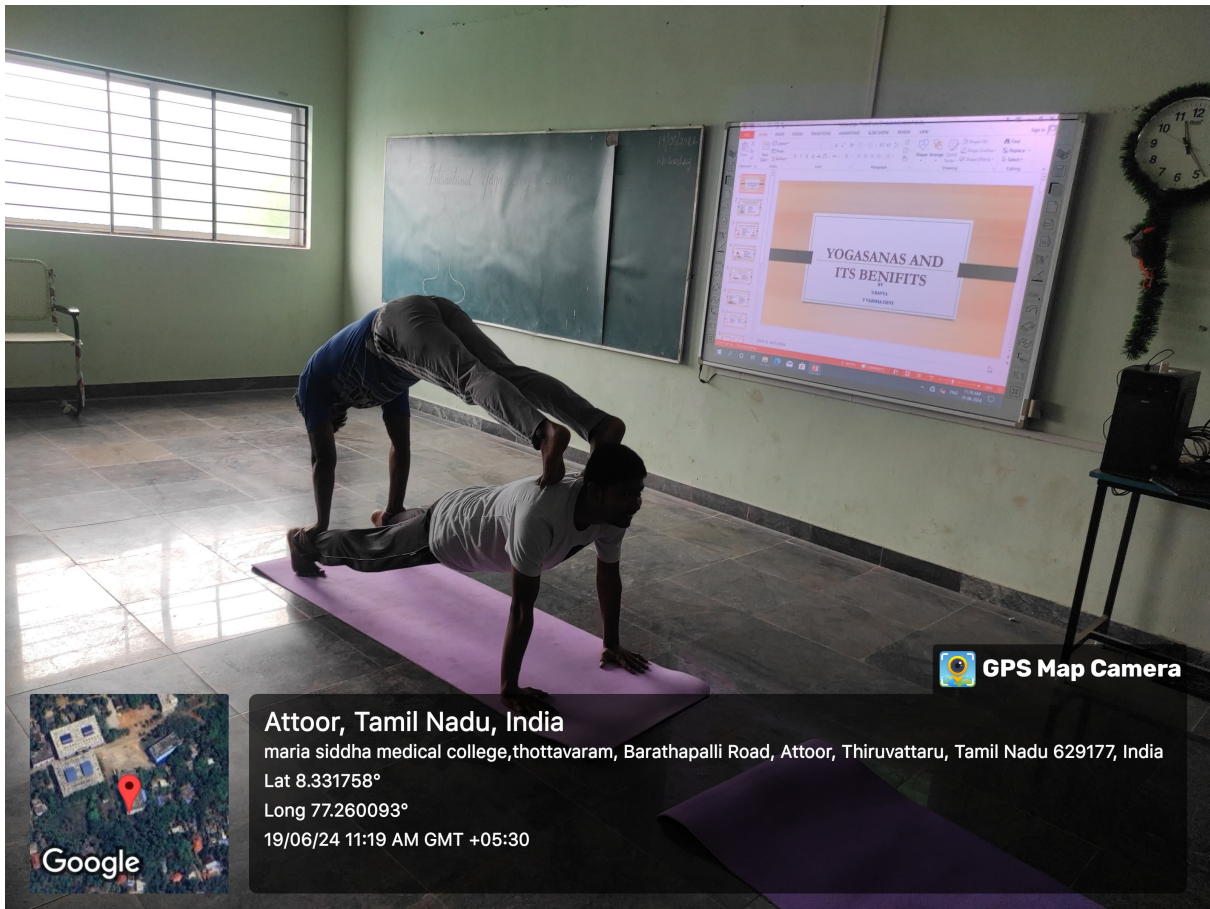
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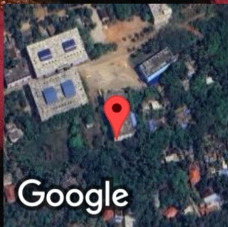


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Lat 8.331758°

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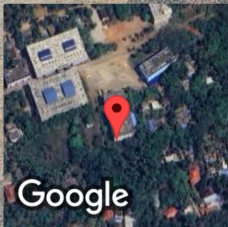


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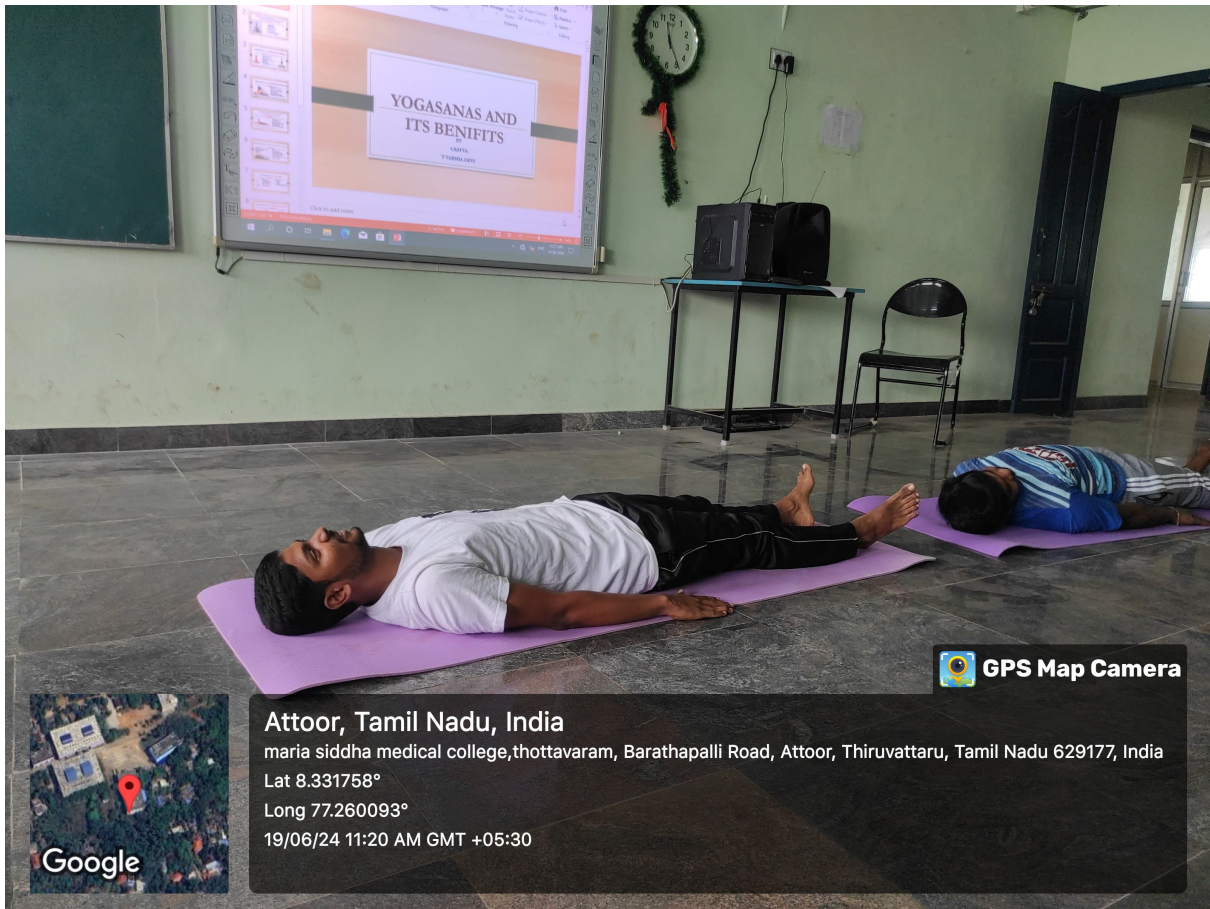
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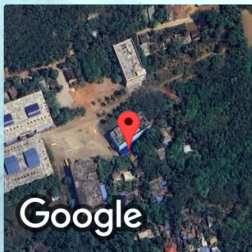
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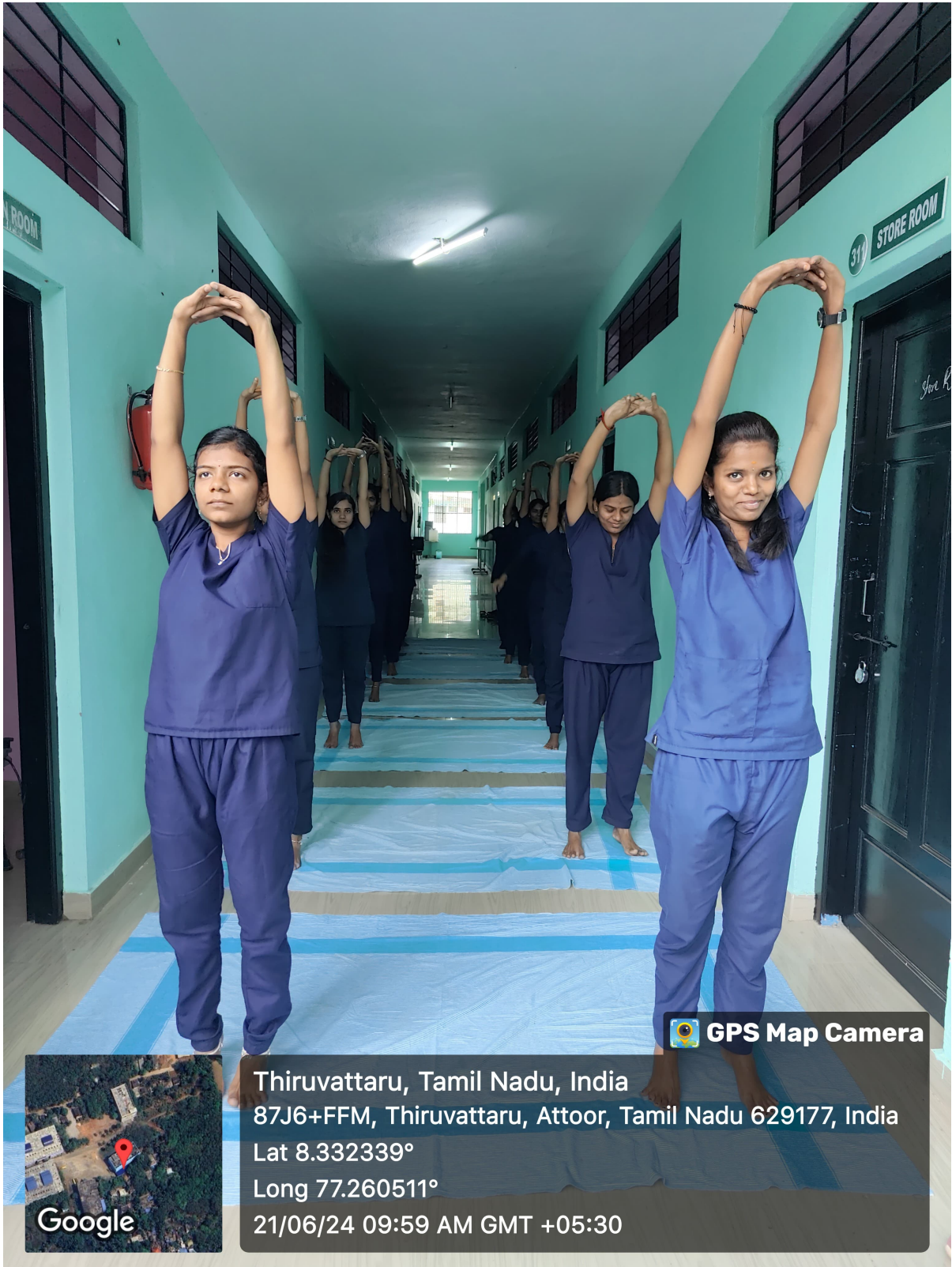
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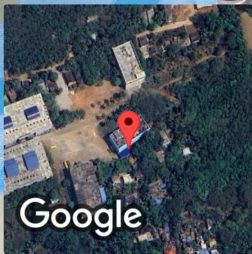


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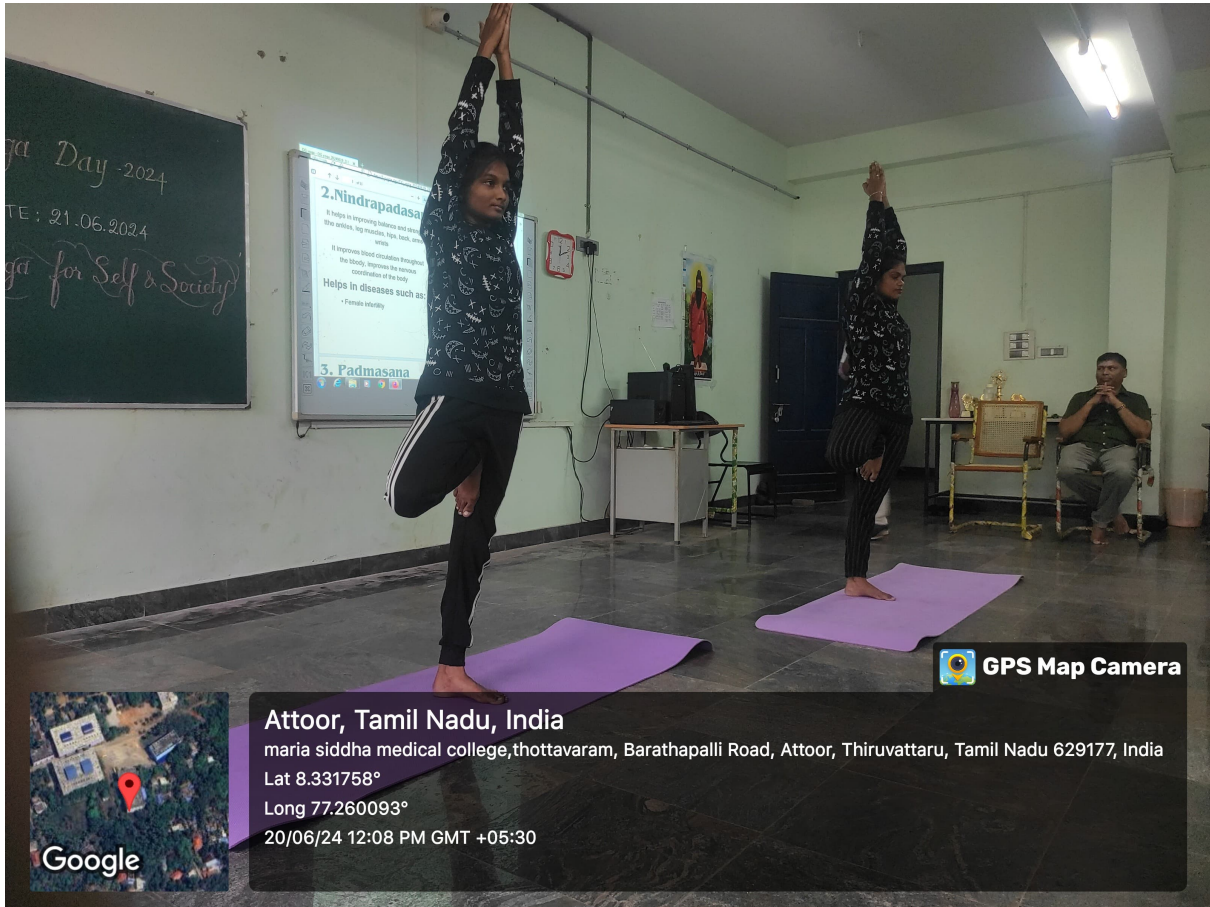
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Thiruvattaru, Tamil Nadu, India
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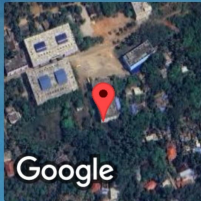
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Lat 8.331758°

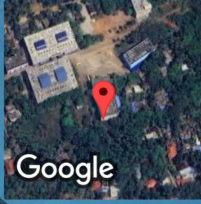
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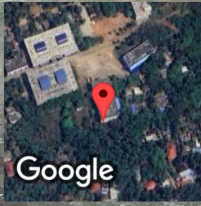
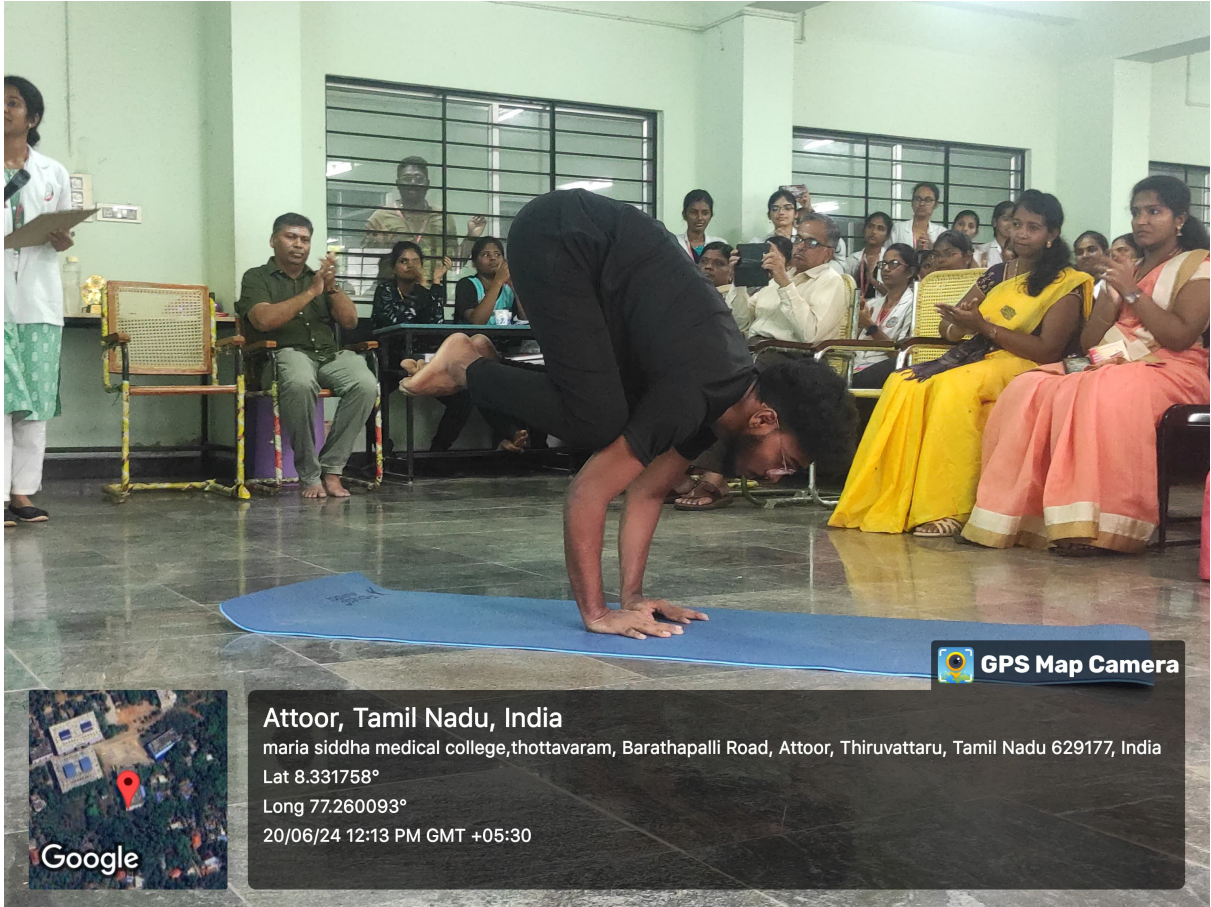
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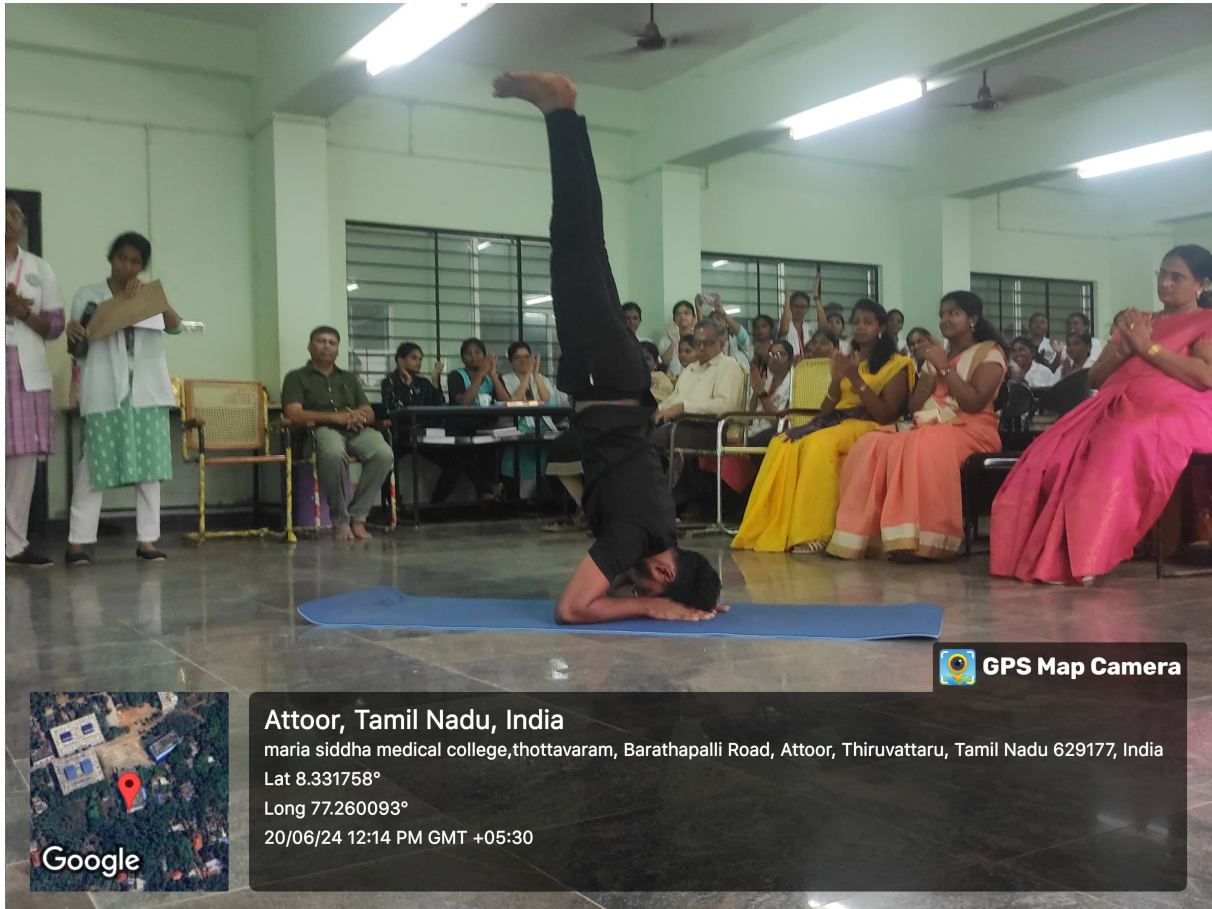
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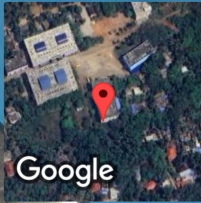


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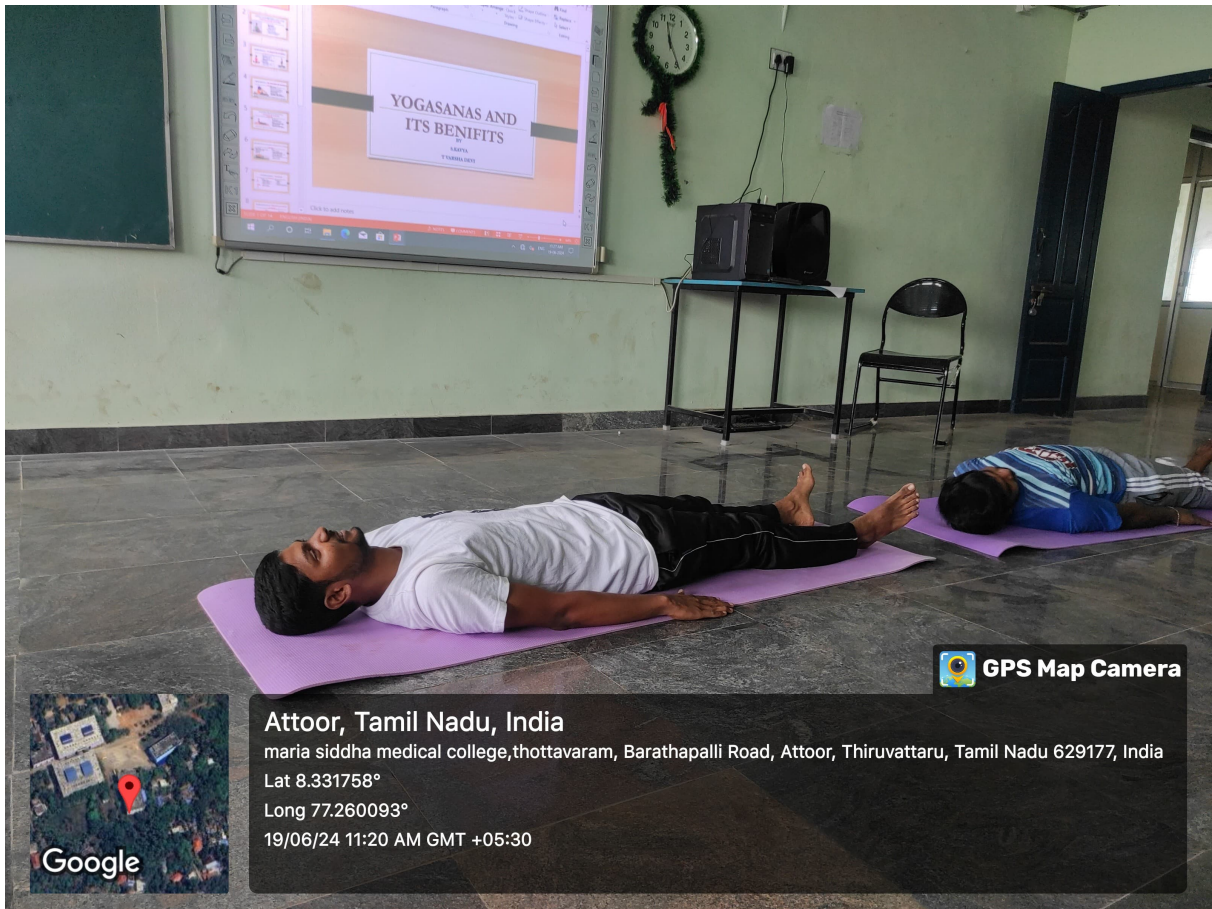
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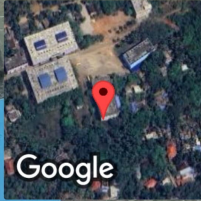
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
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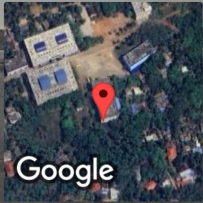
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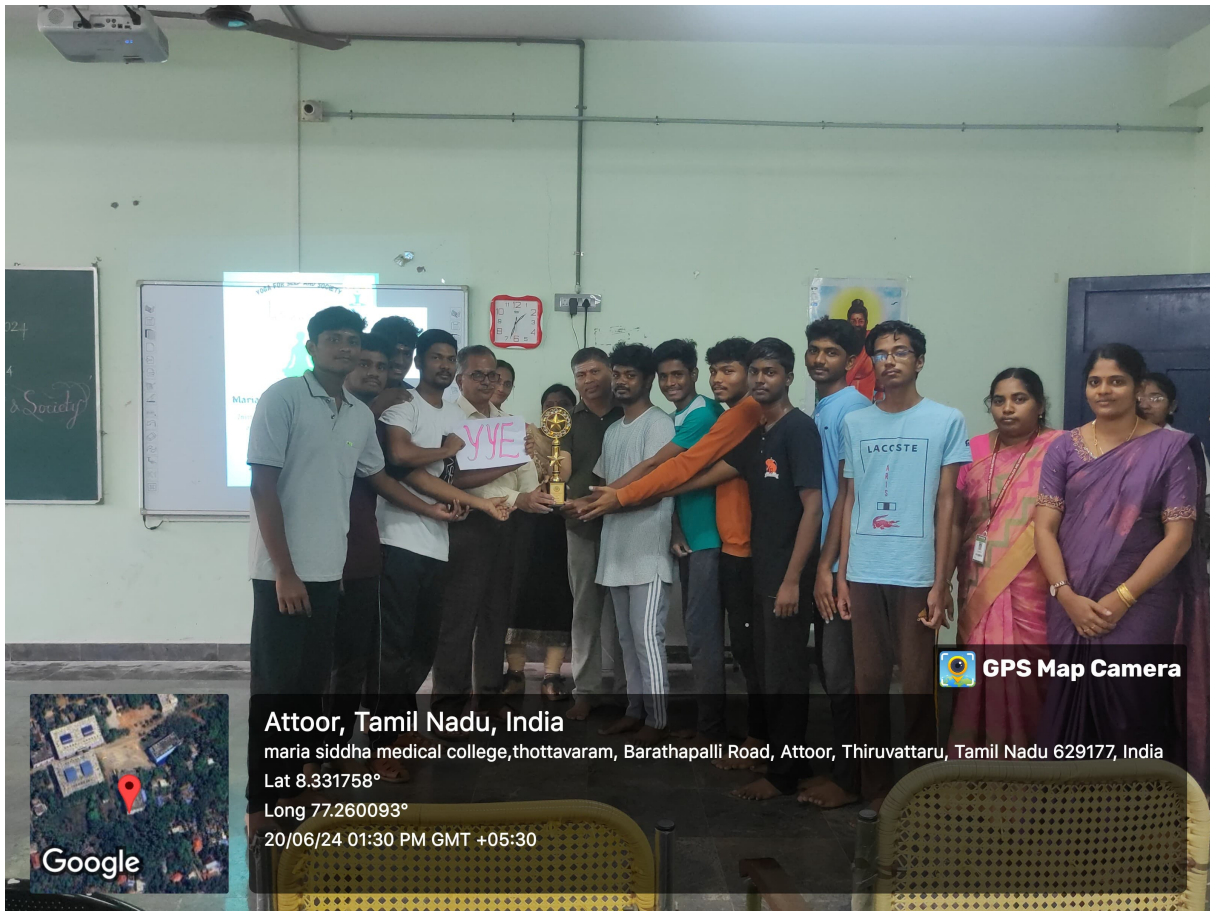
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